



St. Edmund and St. Frideswide R.C. Church  
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**Sixteenth Sunday in Ordinary Time (Year B) – 18<sup>th</sup> July 2021**

1<sup>st</sup> Reading – Jeremiah 23:1-6

Psalm – The Lord is my shepherd; there is nothing I shall want.

2<sup>nd</sup> Reading – Ephesians 2:13-18

Gospel – Mark 6:30-34

“You must come away to some lonely place all by yourselves and rest for a while” says the Lord in today’s Gospel. Work and service is important, but rest equally so. Our school children will be finishing their schools this week and starting their break too. Even though not ideal, many of us will also be planning visits to family or friends, and maybe even travelling abroad. Wherever you go, may the Lord fill you with His rest and peace.

We will be entering a new environment from Monday as so many restrictions will be lifted. The Bishops remind us, however, that we need to be cautious in how we go about our daily routines and how we worship in our churches, considering local conditions during this pandemic which is clearly still going on. After consulting the parish council, we will be announcing any changes coming into effect next weekend at our Masses. The guidance has only been issued at the end of this week and we need time to reflect on what is the best way forward.

You will also see a link on our website to the document issued by the Bishops’ Conference about the Sunday obligation which might return with the First Sunday of Advent. Until then, we are all asked to be responsible and aware that there will be people who may be afraid to come to church if all restrictions were to be lifted. Please note that **WEARING A MASK** is strongly recommended and encouraged when we come to church even after the 19<sup>th</sup> July. All further details will be announced next weekend and put up on our website.

I will be responding to the Lord’s invitation and rest for a while from Saturday 24<sup>th</sup> July. In my absence please contact Br. Martin Sanderson who will be looking out for your e-mails and phone calls. I look forward to seeing you all again at the end of August. On behalf of all the friars here I wish you all a healthy and restful summer break with your family and loved ones.

**Prayer board** – Sometime during August the prayer board which is currently placed in front of Our Lady’s chapel at the back of the church will be taken away. If you have pictures of your loved ones on it, please take those away for safe keeping. We will be replacing the board with a book of intentions where you can write your prayers down

and once the offertory procession is resumed, the book with your intentions will be brought to the altar at all Sunday Masses.

**Franciscan Spirituality Sessions** – Our last session will be on Friday 23<sup>rd</sup> July at 7.30pm. I will be sharing the Franciscan spiritual journey according to St. Bonaventure's 'Itinerarium Mentis in Deum'. It is a short piece of writing commonly translated as the soul's journey into God. A reflection of a saint on the spiritual life of another saint – aimed at helping all of us to deepen our love and experience of God in everyday life. Held on Zoom. Meeting ID **845 9492 0169** Passcode **934692**  
Open to everyone, invite your friends.

**Parish donations** – Our website provides you with details of how you can support our parish financially during this time, whether you are a member of our GIFT AID scheme or not. If you are a tax payer, please take a moment to fill in the relevant form you will find on our website – all at no cost to yourself, but helping us immensely. Thank you for your continued support and generosity.

#### **Intercessory Prayer Group**

If you would like us to pray for somebody or for anything else, please email [GreyfriarsIntercessoryPrayer@gmail.com](mailto:GreyfriarsIntercessoryPrayer@gmail.com) or phone 07384 116920. All requests will be treated in strictest confidence.

#### **Diocesan Newsletter**

To keep up-to-date with all the latest news, information and online events from across the Archdiocese and beyond please sign up to the newsletter, issued every few weeks via email.

Please visit [www.birminghamdiocese.org.uk/e-news](http://www.birminghamdiocese.org.uk/e-news) to sign up.

### **Mass Times and Intentions**

#### **Sunday 18<sup>th</sup> July**

##### **Sixteenth Sunday in Ordinary Time (Year B)**

9.00am	Parishioners
11.00am	Leao Rodrigues R.I.P.
5.30pm	Sabrena Collins & Christy

#### **Monday 19<sup>th</sup> July**

7.30am	In thanksgiving
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#### **Tuesday 20<sup>th</sup> July**

7.30am	Rosalina D'Sousa R.I.P.
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#### **Wednesday 21<sup>st</sup> July**

##### **St. Lawrence of Brindisi, Patron Saint of our Delegation**

7.30am	Friars & Benefactors
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#### **Thursday 22<sup>nd</sup> July**

**St. Mary Magdalene**

7.30am

John Da Cunha R.I.P.

**Friday 23<sup>rd</sup> July**

**St. Bridget of Sweden**

7.30am

Holy Souls

**Saturday 24<sup>th</sup> July**

8.00am

Breda Begley R.I.P. Anniversary

6.30pm

Sylvia & Davey Collins

Please pray for those members of our community who are sick, especially **Therese O'Malley**. If you are aware of somebody in our community who is sick and in need of our prayers, please ask them to contact the parish or let us have their contact details.